5K/1K
Fun Run Walk

Woodway Park
2000 Estates Dr. Woodway, TX

Proceeds for this project go to Merak Temple No. 104 and the Daughters of the Nile Foundation a 501c3 non-profit for the benefit of Shriners Hospitals for Children®

March 8, 2014

1K start at 0900 – 5K start at 0915

Race Day Registration 0800 am-0900 am

Entry Fees: $20.00 pre-registration
$25.00 after Feb. 24, 2014

Register online at
www.raceit.com/register
Or
Mail registration to:
"Going the Distance for the Children"
1404 Amhurst Cr.
Woodway, TX 76712

Make checks payable to:
Merak Temple No. 104

For more information call:
Betty Bickett @ 817-707-6872

Sponsorships Available

Platinum……$2500
Gold……$1000
Silver……$ 500
Bronze……$ 250
Supporter……$ 100

T-shirt and goodie bag will be given to the first 100 participants. Complimentary water and fruit to all participants. Additional T-shirts will be available for $10 each.

Race management provided by Waco Striders

Circle one:

(M)5K Runner (F)5K Runner
(M)1K Walker (F)1K Walker

Age Group:

14 & Under 15-19 20-24 25-29
30-34 35-39 40-44 45-49
50-54 55-59 60-64 65-69
70+

Email: _____

T-shirt size: YM YL S M L XL XXL

_____
Sex Date of Birth Age on race day

_____
Name

_____
Address

_____

_____

_____
Phone

Release: In consideration of being allowed to participate in the GOING THE DISTANCE FOR THE CHILDREN 5K/1K FUN RUN WALK, held on March 8, 2014, I hereby release, hold harmless and indemnify Merak Temple No. 104 Daughters of the Nile, the Daughters of the Nile Foundation, Waco Striders, all sponsors, volunteers, individuals and groups associated with this event from any and all claims, demands, actions or causes of action whatsoever, and from any and all liability for any loss of property, damage, or personal injury of any kind, nature or description that may arise or be sustained by me or caused by me for whatever reason during or related to my participation in this event. This release, hold harmless and indemnity agreement shall be binding upon my heirs, administrators, executors and assigns. I also verify that I am physically able to participate in this event. I also hereby release the use of any photographs that may contain my image for use in any future GOING THE DISTANCE FOR THE CHILDREN 5K/1K FUN RUN WALK for Merak Temple No. 104 or Daughters of the Nile Foundation advertising, such as but not limited to brochures for future races.

_____ _____
Signature Date Signature of parent or guardian if under 18 years of age Date